# The City Bridge Trust

# **Investing In Londoners:** Application for a grant



# **About your organisation**

Name of your organisation:	
Southside	Partnership
If your organisation is part of a larger organi	sation, what is its name?
Certitude Support	
In which London Borough is your organisation	n based?
Wandsworth	
Contact person:	Position:
Ms Marianne Selby-Boothroyd	Director of Development
Website: http://www.certitude.org.uk/	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1010187
When was your organisation established? 30	/03/1992

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

### **Making London More Inclusive**

Which of the programme outcome(s) does your application aim to achieve?

Disabled people actively taking part in the arts or sport

Disabled people involved in the running and management of arts provision

Please describe the purpose of your funding request in one sentence.

We will train people with disabilities as Peer Facilitators to lead arts sessions accessible to people with/without disabilities, improving wellbeing and confidence, reducing isolation/stigma.

When will the funding be required? 17/10/2018

How much funding are you requesting?

Year 1: £55,327 Year 2: £56,157 Year 3: £56,999

Total: £168,484

### Aims of your organisation:

Southside Partnership, part of the Certitude group, supports people with learning disabilities, autism and mental health support needs, as well as their families, to live the life they want to lead: happy, healthy, respected as equals and valued for their contribution within communities. Our vision is that everyone has the right to a good life.

We focus on people?s strengths and skills, hopes and aspirations and support them to become valued members of their local communities. We help people to make choices and decisions so they can live more independently, find new interests, learn skills, make friends, get out and about and enjoy life.

We focus on each person as a whole, not just their diagnosis. Working collaboratively with a range of organisations, including statutory and health bodies and voluntary and community groups we work holistically with people, supporting them to achieve their aspirations, whether accessing education, training and employment through to engaging in activities they are interested in.

### Main activities of your organisation:

Southside Partnership, part of the Certitude Group, has been working across London since 1992. Certitude currently supports approximately 1500 people with learning disabilities, autism and mental health needs across 12 London boroughs to live the life they want to lead. We believe everyone has the right to a good life and our work aims to support people to achieve their aspirations and form meaningful friendships.

Our services range from supported living and registered care through to outreach, day services, Shared Lives schemes, community-based services and respite and short breaks services for carers and families. Our Community Development Team focuses on developing opportunities for people we support to form meaningful relationships with people in the community based on shared interests, breaking down barriers between people with and without disabilities. We do this by facilitating accessible courses, activities and events in our local communities, ranging from printmaking through to Life Drawing, gardening and gallery visits.

### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
345	51	13	24

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

### **Summary of grant request**

#### Need

There are limited opportunities for people with disabilities to access the arts, let alone run or manage workshops. Recent feedback from our arts sessions in Lambeth has shown that the majority of people participating are feeling more self-confident and have developed more relationships. 60% indicate they are interested in becoming Peer Facilitators, seeking opportunities not only to participate but also to lead sessions.

### Our solution

We want to employ two Community Development Mentors (0.5 FTE) to work across our London day services, supporting people with disabilities to build their skills and confidence in becoming Peer Facilitators and running workshops based on their skills and interests in the arts. These workshops will be accessible to people with disabilities and the wider community.

The Community Development Mentors will work with each Facilitator to develop a Personal and Workshop Development Plan, identifying areas where they need support and measuring their progress. The Mentors will support them with designing, marketing and facilitating their sessions, working at their pace to ensure ongoing engagement.

Over three years we aim to:

- -Train 72 Peer Facilitators with disabilities to lead and manage accessible arts workshops across London.
- -Peer Facilitators deliver on average 20 workshops per month.
- -3,000 people (70% with disabilities) engage in Peer Facilitators? sessions, actively taking part in the arts.
- -75% participants attend more than one session.
- -600 participants continue to engage in the arts outside of this programme.
- -90% Peer Facilitators feel more confident in leading sessions.

### Why Certitude

In January 2018 we obtained funding to launch a pilot in our community Hub in Lambeth, employing a part-time Community Development Mentor to train people with disabilities to become Peer Facilitators. Since launching we have developed the skills and confidence of 6 Peer Facilitators, and one is now seeking paid employment. On average 100 people attend sessions at our Hub in Lambeth each week and initial feedback shows 90% participants feel more self-confident, 89% have developed new relationships since they began attending workshops, and 60% would be interested in becoming Peer Facilitators.

We collaborate with local organisations and community groups to build an extensive, engaging and accessible programme of activities, currently working with 30 partners. We plan to expand our offer across London, working with existing and new partners to grow our offer and engage more people in the arts. With our current infrastructure, partnerships and experience we believe we are the right organisation to deliver this programme.

Our programme meets the Trust?s outcomes:

- -Disabled people actively taking part in arts? We will establish a range of arts activities accessible to people with disabilities to actively take part.
- -Disabled people involved in running and managing arts provision? We will support people with disabilities to become Peer Facilitators and run workshops. Peer Facilitators will sit on Steering Groups to oversee the programme.

### Trust?s Principles of Good Practice:

-We engaged with our existing Peer Facilitators and participants to develop our expanded

offer and will support people with disabilities to actively take part and to run the programme as Peer Facilitators.

- -We are committed to providing services through a workforce that reflects the diversity of our communities. We aim to create environments where all individuals make best use of their skills, free from discrimination or harassment.
- -We value volunteers, recognising the numerous benefits they bring. Our Volunteer Coordinator is creating new roles across Certitude, matched with volunteers? interests/skills. All volunteers receive relevant training and 1:1s with their manager and we celebrate our volunteers at our annual awards ceremony through a Best Volunteer Award. -We are taking steps to reducing our carbon footprint and creating a sustainable working environment.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

We have an accreditation as Investors in People 'Bronze Standard', which reflects our commitment to continually help our staff learn and develop. We are also a Disability Confident Employer (Two Ticks) and an accredited Mindful Employer. Additionally, we are Exor-accredited and a registered provider with the Care Quality Commission (CQC).

**Outputs and outcomes** 

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will recruit, train and support 72 Peer Facilitators with disabilities over three years. Our Community Development Mentors will identify people with disabilities who are interested in leading and managing arts workshops, supporting them personally and professionally to design, market and deliver accessible community arts activities.

Supported by our Communications team, we will market our accessible arts programme across London, successfully engaging 3,000 people (70% with disabilities) to actively participate in sessions. We will collaborate with our 30 partners, develop new partnerships and target the 1,500 people we currently support in London.

Working with our local partners to share resources e.g. venues, our Peer Facilitators will provide an average of 20 accessible arts workshops, activities and events each month across London, ranging from textile working through to mural painting, life drawing and performance activities.

Our Community Development Mentors will support Peer Facilitators to identify and access further education, training and employment opportunities through coaching and using Personal Development Plans. We will organise biannual Development Days, bringing together on average 12 Facilitators to share learning, reflect on their development and make future plans.

Peer Facilitators will be involved in the running/management of the entire programme and design, market and deliver their own arts sessions. 30% will sit on our Steering Groups in South and West London, contributing to the programme?s evaluation and feeding into decisions on the future artistic direction of our offer

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People with disabilities who do not access the arts will participate in inclusive arts workshops across London, particularly in London boroughs where the arts offer is more limited (Ealing, Hounslow, Bromley). 75% participants will attend more than one session; 50% will not have engaged in the arts for 2 years.

Peer Facilitators with disabilities will run and manage provision, designing, marketing and delivering art sessions for people with and without disabilities. They will be involved in managing the programme, sitting on our South and West London quarterly Steering Groups, also attended by staff, people we support and the wider community.

People with/without disabilities will continue to actively engage with the arts by seeking opportunities outside the programme and feeling inspired to become Peer Facilitators. Peer Facilitators will remain actively engaged in the arts by seeking education, training and employment opportunities within the sector

We will reduce social isolation and stigma by supporting people to form new relationships and friendships. We will do this by providing safe and accessible spaces across London where people with and without disabilities can form new relationships based on shared interests in the arts.

We will improve people?s wellbeing and confidence by supporting them to learn new skills and form meaningful relationships in an inclusive environment Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue the activities in this programme beyond the three-year funding period and will look to fund it through relationships with corporate partners as sponsors. We will also work with people accessing the activities to see whether we can implement a paid membership system to enable the programme to self-fund without making it inaccessible to people with disabilities.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
1,024
In which Greater London borough(s) or areas of London will your beneficiaries live?
Lambeth (35%)
Hounslow (25%)
Southwark (15%)
Bromley (15%)
Ealing (10%)
What age group(s) will benefit?
25-44
45-64
65-74
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
71-80%

# **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2017

Income received from:	£
Voluntary Income	120,000
Activities for generating funds	50,000
Investment Income	47,000
Income from charitable activities	14,087,000
Other sources	1,510,000
Total Income:	15,814,000

Expenditure:	£
Charitable activities	15,218,865
Governance costs	19,135
Cost of generating funds	8,000
Other	0
Total Expenditure:	15,246,000
Net (deficit)/surplus:	568,000
Other Recognised Gains/(Losses):	-11,000
Net Movement in Funds:	557,000

Asset position at year end	£
Fixed assets	3,651,000
Investments	1,611,000
Net current assets	1,602,000
Long-term liabilities	822,000
*Total Assets (A):	6,042,000

Reserves at year end	£
Restricted funds	4,000
Endowment Funds	0
Unrestricted funds	6,038,000
*Total Reserves (B):	6,042,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 81-90%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14732

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	7,904,392	10,866,693	12,622,391
London Councils	0	0	0
Health Authorities	2,227,352	2,795,609	2,790,460
Central Government departments	132,331	100,000	100,000
Other statutory bodies	0	0	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3	Year 2	Most recent
Open Society Foundations	0	0	20,000
Hounslow Community Fund	0	18,000	0
Ealing Grants Respite	47,580	80,000	80,000
Ealing Grants Support Brokerage	24,999	49,999	49,999
Ealing Grants Health Support	19,998	39,997	39,997

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Marianne Seiby-Boothroyd

Role within **Director of Development** 

Organisation:

Grant Ref: 14732

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Community Development Manager (0.2FTE)	7,265	7,374	7,485	22,125
Community Development Mentor x 2 (1FTE)	27,862	28,280	28,705	84,848
Activities and Events materials	8,950	9,084	9,220	27,255
Venue hire (half day @ £60 x4pm)	2,880	2,923	2,967	8,770
Volunteer travel expenses	2,765	2,806	2,848	8,419
Marketing activities	1,270	1,289	1,308	3,867
Central admin costs (8.5%)	4,334	4,399	4,465	13,199
	0	0	0	0
	0	0	0	0
TOTAL:	55,327	56,157	56,999	168,484

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0	
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# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0 0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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	0	0	0	0

TOTAL:	55,327	56,157	56.999	168,484	
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